

NATURAL BALANCE



creating interiors that invite and inspire



Dear Feng:

I'm waiting for mister right to drop out of

the sky – that's how they show up isn't it? Like babies coming from the stork? Seriously, I've been a dormant dater for over two years now. I see couples all over the place enjoying the sun and hanging out. I want that too! But, I don't know how to get started again. Can feng shui really help? If so, help me stand a chance at romance.

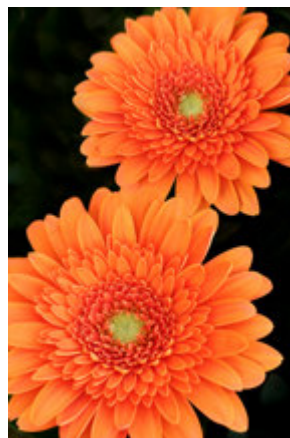
Dear Chance at Romance, Feng Shui involves the process of clearing old energy so that new can come in. When we clear our physical space, we're also making room inside ourselves – mentally, physically and emotionally. So, here's your magic love potion: 1. Work in the southwest area of your home or bedroom (the "gua" or area where relationship energy is most focused). 2. Clear the clutter and organize so there are no visual/ mental distractions. 3. Set this area up so it looks and feels intimate and inviting to you (warm earthy colors are great, textures/ textiles that excite you and make you think of the relationship of your dreams, candles and/ or artwork that add a depth to your desires). 4. Create Clear Intentions. Find a piece of paper and pen that have never been used before, and a new box that also emanates romance and relationship for you. During a quiet undisturbed time, write down all the characteristics you desire for a mate and relationship. Ask

WARM IT UP: Relationship and Romance

Common Sense and the Rules:

Rule: If you want a mate, create pairs, or place two of everything, in the Relationship Gua.

Two is obviously symbolizing a couple. We think of intimacy occurring between two individuals. So, from the symbolic perspective, this makes sense. However, from a design perspective, this could get a bit too repetitive and overdone. I say, if you have two pieces of artwork that



work together to form a diptych, and they connect with your sense of relationship, Great! If you want to place two candles in the middle of a nightstand, dining table or sideboard and they contribute to the rest of the room, Great! It doesn't take much to stir up this energy of love, romance

and connectedness. Just make your choices simple and meaningful to you. If you want help with your Relationship Gua, contact us: info@naturalbalance9.com

Testimonials

Imagine coming home to your perfect retreat after a long day at work.

"You changed our house and our lives, just like you said, one room at a time. We love and use every room now.

your greater source, whatever that is for you, to help bring this relationship to reality. Tie a red ribbon around your list and put it in your box with a candle, live plant, or moving water beside it. Read your list whenever you're thinking about it. You should see your dreams come to fruition within a year, or less. Some of our clients have found their match within a couple months of performing these tasks! Please email you feng shui design questions to:
dearfeng@naturalbalance9.com.

Let Us Introduce You

Our favorite featured colleagues and vendors (in alphabetical order):

AnnMarie Stankovich: individual and couples counseling,

www.amscounseling.com

East West Bookshop: retail, personal growth & spiritual products,

www.ewbookshop.com

Reverend Judith Laxer: psychic, spiritual counselor, licensed ordained independent minister,

www.judithlaxer.com

Steve Motenko: personal and professional development coach,

www.stevemotenko.com

Sydney Culver: soma bodywork for personal change,

www.somabodywork.com
sydneyculver@hotmail.com

Green, Green, Green (sustainable products for your home and office)

For the perfect green bed, go to Soaring Heart Natural Bed Company. They have a variety of cotton, wool, latex beds and cotton latex spring mattresses in all sizes and firmness. Latex is sustainable? With a 20-year plus lifespan, these mattresses create little to no landfill and are completely hypoallergenic. And, most of their mattresses, including the latex beds, are produced locally in their own facility next door. Our tip: Make sure you also try out the plush wool bed toppers -- simply incredible for amazing sleep!

Showroom: 101 Nickerson Street,
Seattle, WA 98109.

www.soaringheart.com

Our daughters have friends over, we have friends over, I like working from home, we're all sleeping great and we can relax and really enjoy our home and all it gives us. We miss seeing you around here." Lynne and Steve,
Homeowners

We want to help you create your perfect retreat.

Our passion is to make your spaces beautiful, supportive and life giving, tailored to your needs and your personality. We take the stress out of your home, and your office, so you can have more time and energy for what you love. To contact us about your project email:
piper@naturalbalance9.com

Color Talk

Romance, Relationship, Summer Heat -- all warm and inviting. The relationship area of the bagua is pink in theme, but not many of us want pink walls in our house. Here are a couple suggestions for warm earthy tones that have the look and feel of relationship to us. And, remember, if you prefer beige and off-white on your walls, these great colors can still be used as accents in furniture, pillows, throws, sheets, towels, rugs and artwork.

From Benjamin Moore's new Affinity paint series: Italianate, AF-215; Salsa Dancing, AF-280; and from their Color Preview series, Toffee Orange, 2167-40; and an option for a interesting warm beige, Quincy Tan, HC-25. Note: color changes with light, so make sure to test your choices in all the different lighting situations where they will be used before investing on that gallon of paint.

Just Business

Natural Balance, a holistic interior design firm, is celebrating its 9th year in business. 2007 has been so good to us. We have tripled our business since December

and are looking forward the the wonderful new projects ahead. Thank you to all of our amazing clients for getting the word out about our unique holistic approach to design using feng shui, common sense, beautiful aesthetics, and personal intentions. To find out more about Natural



Balance, visit: www.naturalbalance9.com

On the Home Front

This is our first newsletter. We are very pleased to finally bring it to your computer. If you have ideas for this newsletter, please let us know

newsletter@naturalbalance9.com

Look for next month's topic: OfficeShui, back to work feeling organized and inspired.

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